

## FORT SPOKANE BATTALION SEA CADET CORPS

### **To Prospective Cadet/s and Parents/Guardian,**

Thank you for your inquiry about the Sea Cadet program. Becoming a parent or guardian in the Sea Cadets is an exciting opportunity. Unlike many other youth program, Sea Cadets allows your son or daughter to chart their own path to success, step outside their comfort zone, and seek challenges. Below are some information about us.

1. The Sea Cadets is a Navy's youth development program for 10 to 17 (or 18) years old.  
We give young Americans skills, knowledge, and confidence through an amazing variety of training opportunities. We offer practical and immersive hands-on instruction in the topic of: Medical, Aviation, Leadership, Submarines, Culinary, Music/Band, Seamanship, Field Operations, NSCC SEAL, Search and Rescue, and STEM just to name a few. In short, cadets choose adventures. Sea Cadets wear uniforms, work as a team in a disciplined environment, and adhere to our core values of **Honor, Respect, Commitment, and Service**.
2. **Attendance is 75% minimum requirement.** We drill one weekend per month from 0900 to 1600 (Saturday and Sunday). It is a year round drill. We have summer and winter training once a year nationwide. **NO**, it is not a weekend or summer event.
3. Membership fee: \$180.50 per year. Enrollment fees at: <https://squareup.com/store/FSBCadets>
4. We issue uniforms for the cadets except footwear and items we do not have in our store room. Cadets must earn their uniforms by completing the required coursework. When they leave the program, they **MUST** return the issued uniforms to FSB unit.
5. Cadets participate in Physical Training (PT) every drill in order to maintain good health and prepare for the semi-annual Physical Readiness Test (PRT). All cadets are required to pass PRT at least once a year to remain in good standing. The PRT take place in the **spring and fall**, and cadets are required to have passed it within 6 months for both advancement and to maintain eligibility for advanced trainings.
6. We invite the prospective cadet/s to **one drill weekend** to give them a sea cadet experience. If your child/ren is interested in joining us on our next drill, please let me know. The prospective cadet/s will stay all day so bring **lunch and water bottle**. Wear a plain t-shirt, comfortable shorts or sweat pants and tennis shoes in the morning for PT (Physical Training). Bring a change of clothes for later (**NO ripped jeans, leggings, or crop/sleeveless top**). They can place their gear in a backpack. Please bring appropriate clothing jacket/pants) for the weather conditions.
7. Our monthly drill location: **Navy Reserve Center Spokane – from 0900 to 1600**  
5101 N. Assembly Street, Spokane, WA 99205
8. Safety is our number one priority. All of our volunteers undergo regular background checks and cadets are under adult supervision throughout drill/training.

If you are interested, please let me know. Please send an email to [co.133fsp@seacadets.org](mailto:co.133fsp@seacadets.org)